

Secondary School-Christmas Shoebox Appeal-Lesson Guide

What is the Christmas Shoebox Appeal

The Christmas Shoebox Appeal is an annual campaign sending gift filled shoeboxes from Ireland to children affected by poverty in countries in Africa and Eastern Europe.

Resource List

- Our promotional video
- PowerPoint presentation
- Gaisce guide
- YSI guide
- Stories
- Crafts

How to Take part with your class/school:

1. Watch the Christmas Shoebox Appeal video on www.TeamHope.ie (approx. 3 mins)
2. • Use the PowerPoint presentation on www.TeamHope.ie to explain the Christmas Shoebox Appeal to students.
 - Discuss what items can go into a Christmas Shoebox Appeal
 - Allow students to react to the wonderful stories of children receiving shoeboxes
3. Use the resources to take part as part of you TY/ CSPE/ YSI/ Gaisce projects
4. Watch more videos from your video links resource to learn about & discuss the Christmas Shoebox Appeal.
5. Order leaflets (1 per person) & posters from TeamHope.ie / (01) 2940222

How to build a shoebox:

1. Wrap a box
2. Decide who your gift is for, a girl or boy aged between 2 – 14.
3. Fill your box with lovely gifts using items from the 4 W's list (online and in downloadable resource pack)
4. Add €6 to help us get your box to a child. (Online/cash) & stick on an elastic band to secure the box
5. Arrange a collection (we'll give you your local team's contact details)

Guidance note for teachers:

The Christmas Shoebox Appeal resources deal with the issue of poverty and so should be discussed sensitively in line with the Intercultural Education in the Post-primary School: Guidelines for Schools. These guidelines promote '*representing diversity as a normal part of Irish life and human existence ensuring that representations of minority groups do not focus on the spectacular or colourful events, as this may lead to stereotyping and may run counter to the aim of representing diversity as normal ensuring that all children irrespective of their colour, ethnic group, or ability can feel at home and represented within the school*'.

In line with this, our resources seek to increase students' awareness of global development but also emphasise the diverse and prevalent nature of poverty which can and does impact people of all ethnic groups or abilities. The stories which accompany the Christmas Shoebox Appeal highlight the positive impact of a shoebox on children of all backgrounds and illustrate the examples of our local partners who are changing the societies in which they live and work. Team Hope recognises poverty here in Ireland and does not want any child/family to be put under pressure to produce a Christmas Shoebox.

If you have any further queries about how to sensitively address issues arising from this material please feel free to contact us **(01) 2940222** info@teamhope.ie

We are so grateful for your support for the Christmas Shoebox Appeal and we hope your students love taking part.

CHRISTMAS SHOEBOX APPEAL

Dear Secondary Schools,

We hope your new term has started well! We are so excited to be launching this year's **Christmas Shoebox Appeal!**

Every Christmas Shoebox brings so much **joy, love** and **hope**. This year, more than ever, every shoebox counts!

What is the Christmas Shoebox Appeal?

The Christmas Shoebox Appeal is an annual campaign sending gift filled shoeboxes from Ireland to children affected by poverty in countries across Africa and Eastern Europe. It is a great opportunity to teach our youngest learners about giving, in a tangible way.



To take part:

Complete the attached order form or order/download our leaflets online at www.teamhope.ie

For Secondary Schools:

Our website, www.teamhope.ie has loads of free, student lead, curriculum based resources for you to download.

Downloadable Resources:

- PowerPoint presentation
- Gaisce guide & YSI guide

We would love for you to encourage your students to take part and to see how many shoeboxes your school can make this year!

Many thanks
From All at Team Hope



Complete the form below and return to: info@teamhope.ie or post to:
Team Hope, 5 Leopardstown Business Centre, Ballyogan Avenue,
Dublin 18. D18 CF67

THANK YOU FOR TAKING PART!

ORDER BY POST:

[illegible]

ORDER BY POST: 	QUANTITY
SHOEBOX LEAFLETS (You'll need 1 per child)	100
A4 POSTER	2 (max 4)
A3 POSTER	2 (max 4)

4W's

Roinnt smaointe do bhur mBoscaí Nollag

WRITE/ SCRÍOBH



Pinn luaidhe
Criáin

Páipéar/cóipleabhair



WASH/ NIGH



Gallúnach
Scuab gruaige
cíor

Scuab fiacla
Tuáille aghaidhe



WEAR/ CAITHEAMH



Stocaí
Fo-éadaí
Flip-flops
Hata
Scairf
Lámhainní



WOW!



Bréagán cúthail
Téad scipeála
Milseán
Yo-yo
Spéaclaí gréine



Carr
Bréagán
Bábóg
Liathróid



Ná cuir san áireamh:

Ná seol leachtanna (gallúnach, boilgeoga) le do thoil, ábhair géar, bia/seacláid, leabhair le go leor focail iontu, ábhair scanrúil (Oíche Shamhna, ábhair chogaidh, maisc, nathracha bréagán, ábhair inbhriste nó leighis.

THE 4W's

These are some ideas of things you might fill your Team Hope Christmas Shoebox with:

WRITE

Pens/Pencils
Crayons
Paper/Copy Books
Colouring Books
Markers
Sharpeners
Erasers

WASH

Soap (wrapped)
Hairbrush
Comb
Toothbrush
Toothpaste
Facecloth

WEAR

Socks
Underwear
Flip Flops
Hat
Scarf
Gloves

WOW

Cuddly Toy
Skipping rope/Yo-yo
Sweets (in date until April next year)
Musical Instrument
Sunglasses
Toy Car
Doll
Ball

WHAT NOT TO INCLUDE:

Please do not send liquids (shampoo, bubbles), sharp objects, food/chocolate, books with lots of words, scary items (Halloween, war related, masks, toy snakes), breakables or medicines.



TEAM HOPE™

CHRISTMAS SHOEBOX APPEAL

THANK YOU
for bringing hope
to a child this
Christmas

HOW TO BUILD A GREAT CHRISTMAS SHOEBOX



WHAT TO PUT IN YOUR SHOEBOX - THE 4 W'S



WRITE

Pens, pencils, crayons, copybooks, colouring books, markers, sharpeners and erasers.



WASH

Bar of soap (wrapped), hairbrush, comb, toothbrush, toothpaste and facecloths.



WEAR

Socks, underwear, flip flops, hat, scarf and gloves.



WOW

Cuddly toy, skipping rope, sweets (dated 6 months +), small musical instrument, family photo, toy car, doll, ball and stickers.



YES PLEASE

These items are suitable and make wonderful additions to a shoebox gift!

- ✓ **New, good quality gifts**
That are safe, useful and age appropriate.
- ✓ **School supplies (WRITE!)**
Pens, pencils, copybooks, crayons, colouring books, markers, sharpeners, erasers, solar calculators, rulers.
- ✓ **Toiletries (WASH!)**
Bar of soap (wrapped), toothbrush, toothpaste, hairbrush, comb, facecloth, plasters, roll on deodorant, sanitary towels (10-14 year girl boxes only).
- ✓ **Clothing and accessories (WEAR!)**
Socks, underwear, hats, gloves, scarfs, flip flops.
- ✓ **Toys and fun items (WOW!)**
Cuddly toy, skipping rope, ball, toy cars, dolls, small musical instruments, stickers, sweets (in date 6 months+), dominos.

Thank You! Your gift will bring joy and hope.



PLEASE DON'T INCLUDE

For safety, customs and practical reasons we are unable to accept these items.

- ✗ **Food & Chocolate**
No food including chocolate products, biscuits, crisps.
- ✗ **Medicines & Healthcare**
Medicine, tablets, lotions, hand sanitiser.
- ✗ **War Related Items**
Toy soldiers/action toys, guns, knives, weapons, camouflage clothes.
- ✗ **Scary or Violent Items**
Skull and crossbones, snakes, spiders, Halloween masks.
- ✗ **Liquids & Aerosols**
Shampoo, conditioner, liquid soaps, bubbles, gels, water filled toys – nothing that can leak or spill!
- ✗ **Breakables**
Glass objects (including large mirrors).
- ✗ **Books**
Unless colouring books.
- ✗ **Sharp Items**
Scissors, penknives.
- ✗ **Religious or Inappropriate Items**
Tracts, jewellery.

Thank you for helping us deliver safe, fun boxes.

www.teamhope.ie

Team Hope, 5 Leopardstown Business Centre Dublin18 D18CF67 Phone: (01) 2940222
Team Hope is a company limited by guarantee (No. 359820), is a registered charity (No. 20047627)
and has been granted tax exemption status by the Revenue Commissioners (CHY No. 14524)

Share Hope
This Christmas 



CHRISTMAS SHOEBOX APPEAL

Gaisce Guide

Who is **Team Hope**?

TEAM HOPE is an Irish, Christian development aid charity, working with children, their families and communities across Africa and Eastern Europe.

www.TeamHope.ie



What is the **Christmas Shoebox Appeal**?

The Christmas Shoebox Appeal sends shoebox gifts from Ireland to children in need across Africa and Eastern Europe. These may be the only gifts they receive and every single box brings hope, love and joy!

What is **Gaisce**?

Gaisce – The President's Award is a self-development programme that encourages you to find your passion, get active and make a difference in your community!

Gaisce is a direct challenge from the President of Ireland to young people aged 15-25 to dream big and realise their potential. By taking part in Gaisce, you will take on exciting personal, physical and community challenges and develop new skills and new friendships.



www.Gaisce.ie

TEAM HOPE

5 Leopardstown Business Centre, Ballyogan Ave, Dublin 18

Phone: (01) 294 0222

Email: rbrowne@teamhope.ie **Web:** WWW.TEAMHOPE.IE

CHY No. 14524 CRA No. 20047627



Gaisce Challenge Areas:

1. Community Involvement
2. Personal Skill
3. Physical Recreation
4. Adventure Journey

Working with **Team Hope** for Community Involvement & Personal Skill:

Community Involvement

Community Involvement is all about making a difference to other people's lives. Everyone is unique and has something they can contribute to make their community a better place. It feels good to help, it's fun, and you often make new friends too!

Personal Skill

Personal Skill gives you the chance to develop a new skill or interests. Working on a particular skill helps to boost your self esteem, develop other practical and social skills, and learn how to set and rise to a challenge.

Christmas Shoebox Appeal

Make shoeboxes, help others to get involved and help out at your local Christmas Shoebox Appeal checking centre to help us to get boxes ready to travel to their new homes!

This Appeal is so rewarding and will help you to meet new people and develop new skills.

Contact us for your local team info.

Christmas Shoebox Appeal

Public speaking: Prepare a talk to give to the other class groups in your school to tell them how to get involved in the Christmas Shoebox Appeal.

Organisation skills: Coordinate the Christmas Shoebox Appeal at your school

Media/Marketing: Create a video/poster campaign to get your school involved!

Contact us for support or information!



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Gaisce Bronze Award Community Involvement timetable for the Christmas Shoebox Appeal

Week 1	Launch Week: Order materials from Team Hope and ask if you can speak to different classes about the Christmas Shoebox Appeal
Week 2	Put up posters and plan your talks to classes. Use the DVD & website to get the information you need or get in touch with us.
Week 3	Designate an area to collect boxes & speak to classes/assembly
Week 4	Speak to classes/assembly
Week 5	Speak to classes/assembly
Week 6	Arrange with local coordinator for boxes to be collected.
Week 7	Help out at your local checking centre
Week 8	Help out at your local checking centre
Week 9	Help out at your local checking centre
Week 10	Help out at your local checking centre
Week 11	Help out at your local checking centre
Week 12	Prepare a presentation to report back to classes/community.
Week 13	Present & reflect. What have you learned? What would you do differently if you did it again? What could Team Hope do differently? What was your favourite part? Where do you feel you had the most skills to offer? Send us your notes so we can learn too!

How to make a Christmas Shoebox

1. Wrap a regular sized shoebox. Wrap the box and lid separately (you may use a hinged shoebox or similar size plastic container).
2. Put the sticker from your leaflet (or print one from www.teamhope.ie) and tick the age group and gender. Stick it on the top right hand corner of your shoebox.
3. Fill your shoebox – using items from the 4 W's list. Please only include items that are new or items you would be happy to receive yourself.
4. Include €5 in the envelope of your leaflet (or any envelope) and put it inside your shoebox. Or you can donate it online.
5. Close the shoebox with an elastic band but don't seal it with tape as we have to check each box for custom purposes. Then drop it off by November 10th at one of our 400+ national drop off points! If you have more than 50 boxes please call us and one of our volunteers will collect them!



THE 4W's

These are some ideas of things you might fill your Team Hope Christmas Shoebox with:

WRITE

- Pens/Pencils
- Crayons
- Paper/Copy Books
- Colouring Books
- Markers
- Sharpener
- Eraser

WASH

- Soap (wrapped)
- Hairbrush
- Comb
- Toothbrush
- Toothpaste
- Facecloth

WEAR

- Socks
- Underwear
- Flip Flops
- Hat
- Scarf
- Gloves

WOW

- Cuddly Toy
- Skipping rope/Yo-yo
- Sweets (in date until April next year)
- Musical Instrument
- Sunglasses
- Toy Car
- Doll
- Ball

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www.teamhope.ie





Young Social Innovators project

Who is **Team Hope**?

TEAM HOPE is an Irish, Christian development aid charity, working with children, their families and communities across Africa and Eastern Europe.

www.TeamHope.ie

What is the **Christmas Shoebox Appeal**?

The Christmas Shoebox Appeal sends shoebox gifts from Ireland to children in areas of poverty across Africa and Eastern Europe.

Christmas Shoeboxes help to bring joy to children and they also provide things that they need like copy books and pencils for school and warm clothes. When Team Hope's partners in each country deliver Christmas Shoeboxes they meet people living in poverty and are able to help them in other ways.

Read the stories at www.TeamHope.ie

What is **Young Social Innovator**?

YSI is a youth-lead, team based, action focused program.

Split into a **Senior Program** and **Junior Program**, young people identify social issues of concern to them, explore them, and come up with relevant actions and responses.



www.YoungSocialInnovators.ie

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Christmas Shoebox Appeal action project

1. Have your school send shoeboxes to as many children as possible
 - Contact us/visit teamhope.ie to order a leaflet for every student and some posters & resources
 - Ideas: Visit classes/organise an event/make a video to tell everyone
Ask people to bring in shoeboxes made up
Ask people to bring in one item each and make shoeboxes up in school together



2. Create teams. E.g. marketing, logistics, creative, etc. needed to make your project happen.
3. Research the issues around poverty in the countries that the Christmas Shoeboxes go to. (Poverty, Food insecurity, Lack of clean water, Climate change, Gender inequality...) This can be done as part of the **TY Transition Unit: Development Issues: Poverty.**
4. Join the YSI tour and Speak Out!
5. Celebrate during #YSIweek
6. Enter the all-Ireland YSI Awards

Contact us for support or information!

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STORIES



Marilena from Romania

"It's the first new toy I've ever had".

Marilena from Romania is 8 and her family struggles to even heat one room in the winter.

Marilena was so excited to get gel pens in her Christmas Shoebox, as she had seen them before, but when she saw the doll inside she whispered in awe "It's the first new toy I've ever had".



DR Congo

Almost 7,000 Christmas Shoeboxes from Mayo, Louth, and Wicklow went to children in DR Congo, and they brought so much joy!

Every single item, from cuddly toys to crayons, toothbrushes to treats, is loved and cherished by the child who received it.

For many children, it was the first gift they had ever received, and your kindness made them feel seen, special, and remembered.



STORIES

Where your Christmas Shoeboxes went last year

Ballina	Lesotho & DR Congo
Ballinrobe	DR Congo
Bandon	Romania
Carlow	Malawi & Ukraine
Castlebar	Albania
Castleblayney	Lesotho
Clonmel	Eswatini
Cootehill	Ukraine
Cork City	Eswatini
Drogheda	Kosovo
Dublin North	Eswatini & Burkina Faso
Dublin Nth West	Burkina Faso
Dublin South	Eswatini, Albania & Malawi
Dublin Sth West (D24)	Eswatini & Albania
Dundalk	DR Congo & Kosovo
Ennis	Romania
Enniscorthy	Eswatini
Fermoy	Ukraine
Galway City	Albania & Burundi
Greystones	DR Congo & Romania
Kells	Lesotho
Kilkenny	Malawi
Killarney	Ukraine
Leitrim	Eswatini & Losotho
Letterkenny	Eswatini, Albania & Burkina Faso
Limerick City	Romania
Listowel	Ukraine
Longford	Albania
Mallow	Eswatini & Ukraine
Monaghan Town	Lesotho
Mountcollins	Lesotho & Albania
Mullingar	Pridnestrovie
Navan	Eswatini & Burkina Faso
Nenagh	Albania
Newbridge	Eswatini & Burundi
Northern Ireland	Kosovo
Portlaoise	Kosovo
Roscommon	Romania
Skibbereen	Pridnestrovie
Sligo	Eswatini & Albania
Thurles	Albania
Trim	Pridnestrovie
Tuam	Ukraine
Tullamore	Ukraine
Waterford City	Eswatini & Ukraine

What is the Christmas Shoebox Appeal?

Resources needed: Wool, knitting needles, internet/tutorial access

Knitted items are perfect for Christmas Shoeboxes and a perfect way for you to practice your skills too!

These ideas and more are all on our **Pinterest page**: www.pinterest.ie/hope4344/

Shoebox Knitting ideas:	Easy hats:	https://pin.it/7mv1p6B https://pin.it/32x0bZc
	Baby mittens:	https://pin.it/1ChT4DY
	Beginner Scarf:	https://pin.it/5sQpxlc
	Finger puppets:	https://pin.it/55aQZYc
	Easy bear:	https://pin.it/54WqCmN
	Arm knitting tutorial:	https://pin.it/3bD9l4C

Knitting tutorial: <https://pin.it/1pMPobB>
<https://sheepandstitch.com/how-to-knit/>



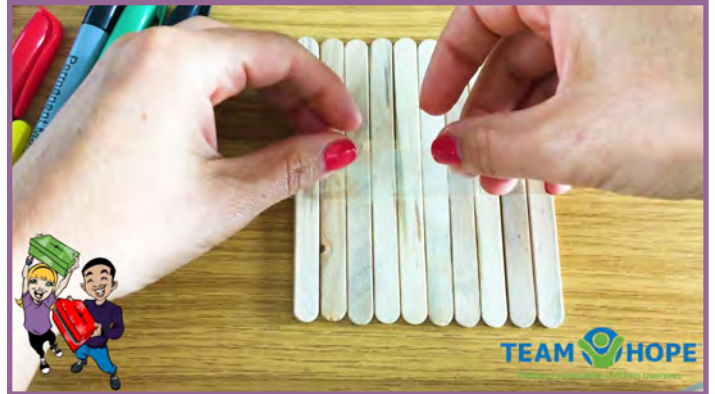
Christmas Shoebox Crafts

Lollipop Sticks



Line up 10 lollipop

Type to enter text



Stick to table with



Draw whatever you like



Colour in or leave for the child who will receive it to colour in!



Play!

Full videos on our Youtube & Facebook!

Christmas Shoebox Craft

T-Shirt Bags



Turn inside out and make cuts
3cm deep, 2cm apart



Double knot front fringes
with back fringes



Cut off arms



Cut off neck

