

# Welcome to Your School's Team Hope Tea Party



Thanks for your interest in joining schools across Ireland as they host their very own Team Hope Tea Party: a fun and meaningful way to bring students, staff, and families together to help change the lives of children living in vulnerable conditions around the world.

Your tea party can be whatever you imagine it to be: a teddy bears' picnic, storybook, a colourful school disco - whatever gets your class excited! The most important thing is coming together to make a difference.

## Why Host a Tea Party?

### Build School Spirit

- Hosting a tea party is a fantastic way to bring your school community together and wrap up the term with something everyone can enjoy.

### Empower Students

- It's a hands-on way to teach children about generosity and caring about the world around them. Kids get to take pride in helping others and see how their actions can create real change.

### Enjoy a Treat for a Good Cause

- Whether it's home-baked cakes, simple treats or fancy dress, your tea party can be full of fun. And every cuppa helps support children in need.

15 YEARS OF  
**TEAM HOPE**  
TEA PARTY

[www.teamhope.ie](http://www.teamhope.ie)



# Celebrating 15 Years of Hope

This year, Team Hope is celebrating 15 years of bringing hope to children across Africa and Eastern Europe.

Through sustainable community projects, we work with local partners to support children living in vulnerable conditions - providing clean water, access to healthcare and education, and income generation opportunities. Team Hope helps families build safer, more hopeful lives in countries including Kenya, Burundi, Malawi, and Rwanda, where many people live on less than \$2 a day. From small beginnings to lasting change, your support helps us continue this work and reach even more communities in need.

## Where Your Donations Go

The funds raised through your Tea Party for Hope will go towards Team Hope's year-round work changing communities. Your generosity helps:

- Improve access to **clean water and healthcare**
- Support **education and child protection**
- Empower families through **training and income-generating projects**
- Build **safe, strong, and hopeful communities**

Every bun baked, song sung, and donation collected is part of something bigger - a powerful way for children here in Ireland to help children across the world.

**Let's get brewing, baking, and believing - your Team Hope Tea Party starts now!**

# How to Host

Hosting your Team Hope Tea Party is easy, fun, and a powerful way to make a difference. Here's how to get started.



## 1. Sign Up

Register your Team Hope Tea Party at [teamhope.ie](https://teamhope.ie) to get access to resources, updates, and your donation QR code. Once you're signed up, you're officially part of the team bringing hope to children around the world!

## 2. Invite Your Guests

Spread the word! Whether you're inviting classmates, neighbours, colleagues or family, get the invitations out early. You can keep it small or go big - it's completely up to you.

- Send a message, email or create a group chat
- Put up posters or use a noticeboard
- Share your invite on social media

## 3. Pick Your Theme

The Team Hope Tea Party is inspired by a children's tea party - so don't be afraid to get playful! Think teddy bears, fairy tales, colourful napkins, or classic party games. You can go all out or stick to the basics - just go with whatever makes it fun.

- Bake or buy your treats: Cakes, biscuits, or fruit platters
- Add decorations: Bunting, balloons, tea sets, soft toys
- Dress up: Animals, pirate, disco, or come as you are!



# How to Host

## 4. Set the Scene on the Day

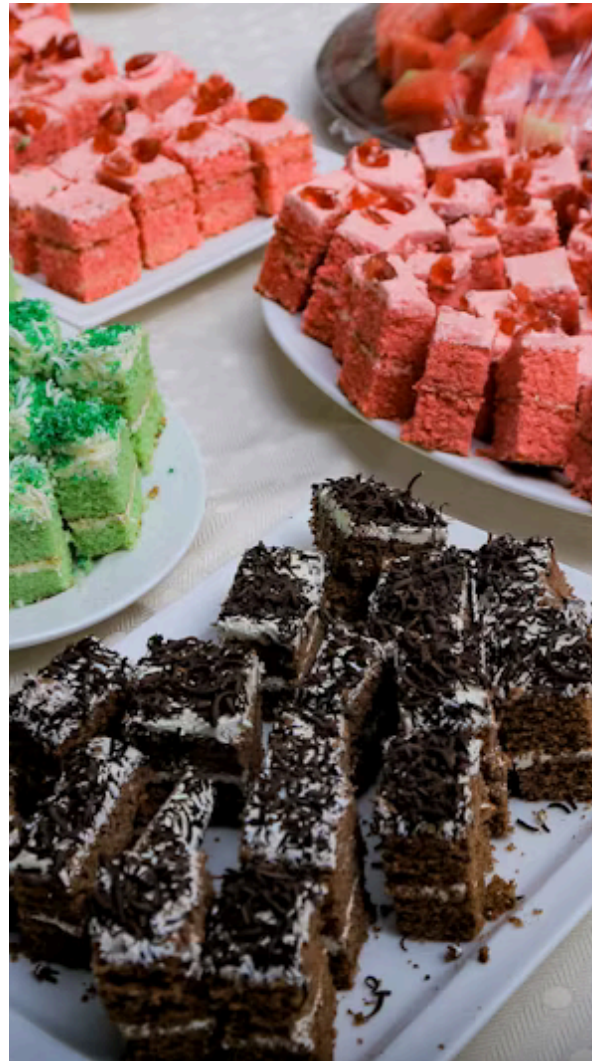
Whether you're in a classroom, staff room, kitchen or hall, now's the time to create your party space. Go as simple or as over-the-top as you like. The only rule is to enjoy it!

- Set out your food and drinks
- Create a cosy tea party area
- Put on some music, set up a game or activity if you'd like

## 5. Collect Donations

This is the heart of your tea party - raising funds for children living in vulnerable conditions.

- Use the QR code we've provided to collect digital donations
- Set out a donation jar or box for any cash contributions
- Remind guests that every Euro raised helps create real change



## 6. Share the Joy!

Let others be inspired by your Team Hope Tea Party! Take photos, share your highlights, and help spread the word by using the hashtag: **#TeamHopeTeaParty**

Don't forget to tag **@TeamHopelreland** so we can see your amazing efforts and celebrate with you.

**That's it - you're ready to host!**

From everyone at Team Hope, thank you for turning tea and treats into something truly transformational.



# Inspiration

Looking for ideas? Here are some fun and easy tea party themes to get you started.

## Teddy Bears' Picnic

Gather your teddies and soft toys for a classic children's tea party with a cuddly twist!

**Decorations:** Picnic blankets, gingham tablecloths, teddy bear cut-outs, paper flowers, woodland bunting

**Extras:** Encourage guests to bring their own teddy bears! Pop on a storytime playlist or play a game like 'Find the Hidden Bear'.

Perfect for schools, families, or anyone who loves a bit of bear-themed nostalgia.



## Superheroes

Add a dash of magic and a sprinkle of superpowers to your tea party!

**Decorations:** Balloons, DIY capes and tiaras, comic-book style signs ("POW!" "WOW!"), glittery table runners

**Extras:** Dress-up encouraged! Offer face painting or a DIY mask-making corner to keep little hands busy.

A fun, fancy theme that works in schools, homes, or even the office (yes, capes welcome at work!)



# Inspiration

## Childhood Favourites

A playful throwback spread packed with the party treats we all loved growing up.

**Decorations:** Colourful plastic tableware, cartoon-style napkins, homemade signs, and a splash of creative chaos - think mismatched and magical!

**Extras:** Play musical chairs or pass the parcel, pop on a playlist of old-school favourites, or add a few classic party games.

A great theme for schools, communities, or workplaces looking for light-hearted fun and a hit of childhood nostalgia.



## A Pop of Colour

Simple, fun, and bright - a colour-themed party brings a pop of personality to any space.

**Decorations:** Streamers, balloons, tablecloths, paper plates and cups—all in your chosen colour

**Extras:** Encourage guests to wear something in the colour, and go all in with matching napkins and serving trays.

This theme works brilliantly across all settings, from corporate kitchens to classrooms.



# Recipes

## Fairy Vanilla Cupcakes

Light, fluffy, and magical—these easy vanilla cupcakes are perfect for little hands and big hearts.

### Ingredients (makes 12)

- 125g butter (softened)
- 125g caster sugar
- 2 large eggs
- 1 tsp vanilla extract
- 125g self-raising flour
- 2–3 tbsp milk

### For the Buttercream

- 150g butter (softened)
- 300g icing sugar
- 1 tsp vanilla extract
- 1–2 tbsp milk
- Food colouring (pastel shades work great!)
- Sprinkles, edible glitter, or mini fairy toppers to decorate



### Method

1. Preheat your oven to 180°C (160°C fan) and line a 12-cake cupcake tray with paper cases.
2. Beat the butter and sugar together until pale and fluffy.
3. Add the eggs, one at a time, then stir in the vanilla.
4. Fold in the flour gently, adding a splash of milk to loosen the batter.
5. Spoon the mixture evenly into the cases and bake for 15–18 minutes until golden and springy to the touch.
6. Cool completely on a wire rack before decorating.

### Decorating time!

1. Whip up the buttercream by beating the butter, icing sugar, and vanilla until smooth.
2. Add a drop of food colouring for a fairytale finish.
3. Pipe or spoon onto cupcakes and top with sprinkles, glitter, or mini fairy wings.

Tip: Use pastel cases or place cupcakes on a tiered stand for an extra enchanted look!



# Recipes

## Chocolate Brownie Building Blocks

Fudgy, chocolatey, and kid-approved - these easy brownies are the perfect treat for your digger- or construction-themed tea party!

### Ingredients (makes 12 squares)

- 150g butter
- 200g dark or milk chocolate (broken into pieces)
- 3 large eggs
- 250g caster sugar
- 100g plain flour
- 30g cocoa powder
- 1 tsp vanilla extract
- Pinch of salt



### Method

1. Preheat your oven to 180°C (160°C fan) and line a 20cm square tin with baking paper.
2. Melt the butter and chocolate together in a saucepan over low heat, stirring until smooth. Let it cool slightly.
3. Whisk the eggs and sugar together in a bowl until thick and creamy.
4. Stir in the vanilla and melted chocolate mix.
5. Fold in the flour, cocoa powder, and salt until just combined.
6. Pour into your prepared tin and bake for 20–25 minutes until the top is set but the centre is still slightly fudgy.
7. Cool in the tin, then slice into squares—your "building blocks"!

### Decorating time!

Turn your brownies into a mini construction site:

1. **Crush chocolate biscuits** to sprinkle on top as "mud"
2. Add **mini digger toys or cupcake toppers**
3. Use wafer sticks or pretzel rods as "logs" or "beams"
4. Pile brownies like bricks for a fun, stacked display

Serve on a tray lined with brown paper or foil for a building site look.

# Team Hope Impact:

## The story of Abigail, a mother in Malawi



In rural Malawi, where daily survival often takes priority over future planning, saving money can feel like an impossible dream. For Abigail Fred, a mother of three, that was her reality. Some days, her family was lucky to eat even once. There was no spare money for school fees, uniforms, or the little things that make children feel safe and cared for.

That began to change in 2020, when Abigail joined a local Village Savings and Loans Association\* (VSLA) called Tikondani — meaning “Love One Another.” Supported by Team Hope and their partners in Malawi, these savings groups help families come together to save small amounts, lend to one another, and support each other through life’s challenges.

Abigail’s first loan from the group was the equivalent of €15. With it, she bought a goat. That goat gave milk to sell and manure to grow crops. It was the first step toward building an income. Her second loan helped her start a business selling dried fish at the local market — a business she still runs today.

At the end of last year, Abigail used her savings to buy a second goat. Now, she’s not just surviving — she’s thriving. Her children are back in school. She has a regular income. And she’s dreaming bigger: “I have a vision of building a modern home,” she says, with pride in her voice.

“I have a vision of building a modern home,” she told us proudly. Through the VSLA, she’s also part of a wider community effort: members contribute to a small social fund used to support families in crisis and to provide breakfast to children at the preschool that Team hope started and where Abigail’s daughter attends.

*\* VSLA's (Village Savings and Loans Associations) help families to build better futures, together. By saving small amounts collectively, lending to one another, and offering mutual support, these groups make it possible for families to cover essential costs like their children's education, start small businesses, and plan for the future with dignity, self-reliance, and hope.*

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[www.teamhope.ie](http://www.teamhope.ie)



# Team Hope Impact:

## Kabagali Pineapple Project



Team Hope's Rwandan partners work with survivors of the 1995 genocide against the Tutsi people. They provide counselling, healthcare, shelter, education and training.

Our most recent project with them aims to improve the income capacity of families and residents in Kabagali and to improve local horticulture. The 2 year project teaches participants how to grow and make an income from this high value crop to support their families. 178 farmers (78% female) have been provided with tools and trained in agriculture and pineapple growing. with 20 acres are being used. 712 households, including children, will benefit from the income generated from this amazing initiative.

Both classroom training and extensive practical training have been completed covering pre-planting: erosion control application, land clearing, first ploughing, second ploughing, tillage, levelling and measuring; planting activities: fertilizers application, planting and covering, mulching, weeding, pest and diseases management, harvesting and more.

Because of their training, each of the farmers also planted vegetables at their own homes for their families.

The results have been amazing, with households reaping the benefits of this project, both in terms of psychosocial support as well as improved nutrition and increased income from selling their harvests to support the basic needs of their families, including school fees. As a result, the children in these households are growing up in an environment that is more holistically healthy in terms of their mental, emotional, intellectual and physical growth meaning that the cycle of trauma, both direct and intergenerational, is slowly but gradually coming to an end.



# Team Hope Impact:

## Bringing water to a community in Kenya



This time last year women and girls in Nzewani community spent an average of 3 hours per day collecting water for their families, for their crops and for their livestock. Water is the most essential basic necessity for each of us to survive, and for crops and livestock to survive.

Just before Christmas 2023, Nzewani community received the gift of water. Through the generosity and kindness of people like you in Ireland, we were able to provide funding to our partner NACODEV to install a borehole which, so far, is providing water to over 400 families.

Faith Munyithya is a mum of 3 children; Cynthia (14), Denis (12) and Janet (7). In the past it has been very hard for her to come up with school fees every term while also ensuring her children didn't go to bed hungry. Within a few months all of this has changed. When water arrived in her village Faith suddenly had time to do tasks that she never had before as she used to walk 4 hours per day to get water. And not only that, she had access to more water in a day than she could have ever imagined as the water point is only 100 meters from their home.

The impact has been almost immediate. The hours that had been spent collecting water are now spent tending her small field where she can plant a wider variety of fruit and vegetables, knowing that they will not die due to lack of water. She also has more time to care for the small amount of poultry they own as well as time to cook more varied and nutritious meals for her family which will improve gradually as her crops grow.

The story of Faith and her family is multiplied by the 400 households that now have access to water in this community. Giving women and girls back at least three hours each day, together with a constant flow of water, is turning this community around.

# Ways to donate

Your Team Hope Tea Party can help to bring clean, safe water to villages where children can drink, wash, and learn in health and safety, or offer the chance for parents to start their own businesses so that they can provide food, a home and education for their children.

1

## Donate via Team Hope.

Go to the Team Hope Tea Party donation page at <https://bit.ly/4kpTpvL> or scan this QR code to be taken there.

**Tip:** Print out the QR code so that people can scan it at your Tea Party.



2

## Set up your own donation page

Go to <https://bit.ly/4kpTpvL> and follow the prompts to set up and customise your own donation page.

3

## Give a €15 donation

A small monthly or one-off gift of €15 can provide vital services such as clean water, healthcare, and education to children in need. Your support helps turn one-time gifts into long-term change. Donate at [www.teamhope.ie/donate](http://www.teamhope.ie/donate)